Medication Changes

**Camp Thorpe** is making changes to our medication dispensation system in 2023. Due to the increasing amount and complexity of medication used by campers, all camps are working to find systems that ensure correct dosing and dispensation of medication in a summer camp environment. While no perfect solution has been invented, we have researched and spoken with other camps, pharmacies and doctors to find two good options for families this coming summer.

1. **DOSE PACKING**

Please note that you will be required to pack your medication by dose this camping season. We can no longer provide envelopes as it is against state regulation. This means that a pharmacy will need to pack your medications for camp well before the beginning of your session. Please note that these medications must be packaged by time of the day that they are administered. For instance, if your camper has morning and evening medications, there should be two separate packages for each camping day. If medications are not dose packed prior to registration we will not be able to take your camper for the session.

You should begin by asking your pharmacy if they can put your medications into multidose packaging. Many pharmacies will do this for their clientele. If they do not, the pharmacist will often know what the easiest route forward to obtain dose packaging.

1. Beauchamp and O’Rourke (Rutland, Vermont)
2. Rutland Pharmacy
3. Middlebury
4. Burlington
5. Barre
6. Many online options:
7. https://freedompharmacyvt.com
8. <https://www.pillpack.com>
9. <https://www.cvs.com/content/multidose>
10. Community Health Pharmacy, Colchester (if you see their doctors)
11. Marble Works Pharmacy, Middlebury
12. Wilcox Pharmacy, Rutland
13. Kinney Drugs Meds on Time, Waterbury only
14. Freedom Pharmacy, Winooski
15. Barre Medicine Shop, Barre
16. **Exceptions:**

* Medications such fiber supplements, refrigerated meds, topical meds/lotions, or liquids can be kept in their original containers and will be dispensed as directed.
* PRN medications (outside of the over-the-counter medications offered in our camp health center) can be brought in their prescription bottle for dispensation as directed.
* Camp Thorpe keeps and dispenses regular over-the-counter medications as listed on the Ultracamp OTC meds form. Campers do not have to provide these items.

**Please note: We will no longer be sorting medication at registration. All medications should be pre-packaged using one of the methods listed above and ready to go prior to the camper’s registration date.**

*Medication information for all campers needs to be updated on your camper’s Ultracamp file to ensure correct timing and distribution of daily and PRN medication prior to registration day at camp. You can also email a list of medications, dosage, time of day and other information to us at* [*kfedor@campthorpe.org*](mailto:kfedor@campthorpe.org) *for assistance.*

If you have questions about medication dispensation systems and how to choose one, please contact us at:

Email: [kfedor@campthorpe.org](mailto:kfedor@campthorpe.org)

**Thank you for helping us keep our Camp Thorpe campers and staff healthy and safe!**